

12 Days of Kindness

Ms. Parmar's and Hirji-Padamshi's classes writing about all the ways to be kind.



Food Bank Drive for the Salvation Army

Gr 6/7 students led a food bank drive from Dec. 7th - 16th. Students delivered all the food items across the street to the Salvation Army on Thursday, December 17th. Thank you Marlborough School Community for your kindness and generosity!



RIBBON AWARENESS AT MARLBOROUGH

Mme Chu's class introduce Ribbon Awareness Day.

Students and staff create ribbons that bring light to many causes that touch their hearts.





Marlborough's Winter Virtual Assembly was beautifully presented by many of our students from Ms. Winter, Ms. Kuban, and Ms. Hick's music classes. The Music team started the assembly with the Coast Salish Anthem, then followed by:

Ms. Hara's Class

Ms. Cummings' Class

Tuesday/Thursday Band

Ms. Njegovan's Class

Mme. Corrado's Class

M. Parker's Class

Ms. Morissey's Class

Ms. Lukose's Class

Wednesday/Friday Band

Mme. Marble & Mme. Green's Class

M. Dias' Class

Ms. Parmar & Ms. Johnson's Class

Ms. Nero & Ms. Maratovic's Class

Combined Band

Mme. Humphries' Class

O Canada English

O Canada French

Good King Wenceslas

Sleigh Ride on Cups

La Neige Tombe

March from The Nutcracker Body Percussion

Rudolph the Red-Nosed Reindeer

Little Snowflake

Jolly Old St. Nick

Petit flocon blanc & Cloche de Noël

12 Days of Christmas on Cups

Carol of the Bells on Xylophones

Suzie Snowflake

Jingle Bells

We Wish You a Merry Christmas on Hand Chimes

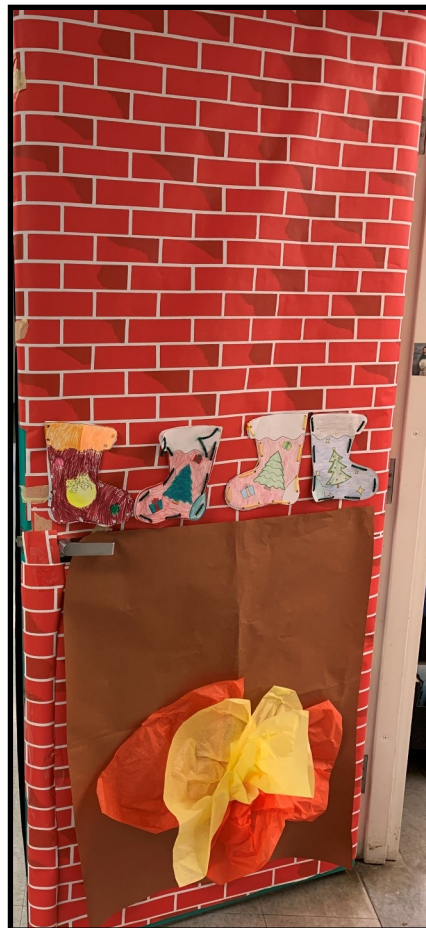


Deck the Halls

Marlborough students and staff have been busy creating a festive atmosphere with door and hallway decorations.



West



Side



INCLEMENT WEATHER

As the rainy season continues and winter approaches, we would like to remind parents to ensure that their child is dressed appropriately for spending recess and the lunch hour outside. Playing outside is enjoyable when children are dressed properly. In the winter the best is to stay warm and dry.



DRESS FOR THE WEATHER



Please ensure that your child is dressed appropriately, has the proper outdoor footwear (rubber boots), and proper outer wear (waterproof jackets, gloves, toques). We only have children stay in when it rains heavily. You may want to send an extra change of clothes to school, just in case your child gets wet. In the event of school closures, please consult the school district website for updates at www.burnabyschools.ca

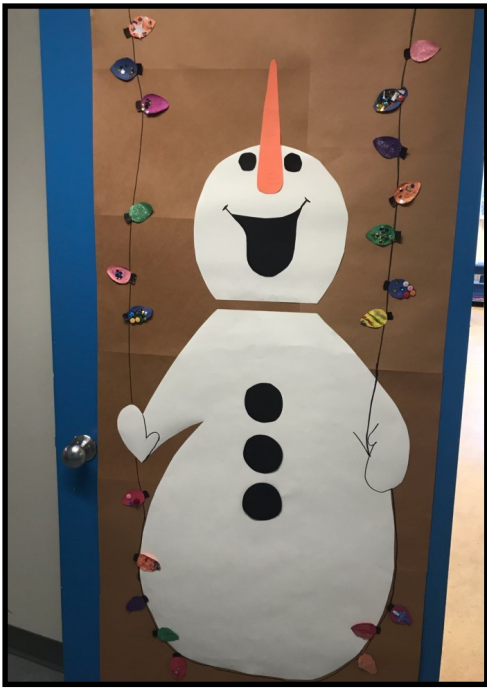
SANTA STOPPED HERE!!!

Ho! Ho! Ho!

On Friday, December 18th, Marlborough had a very special visitor.... Santa Claus walked through our decorated hallways handing out candy canes and sharing his holiday wishes!!!

**Merry Christmas/
Joyeux Noël**





East

Side



Safety Before Convenience



As our school population has increased this year with new students and staff, our parking lots have again become a safety concern. Parents are asked to drop their children off on Arrow Street in front of the East Building.

The Parking lot off Nelson street is not for student drop off or parent parking!

Please take notice of the two **handicapped parking** spots. These spots should not be used at any time unless you have a Handicap sign. Please do not park beside the designated spots as it is a fire lane.

*Our parking lots are designated for staff members, Welcome Centre families and the District Learning Resource Center **only** and there is **NOT** enough space for parents to park or drop off when bringing children to school. It is also very unsafe for students and parents to be walking through the parking lot as staff members are arriving and trying to park.*



Foundation Skills Assessment (FSA)

The Foundations Skills Assessment is an annual province-wide assessment of students' reading comprehension, writing and numeracy skills. The FSA will be administered between January 18th -February 26th, 2021 to students in grades 4 and 7. The FSA is designed to provide a snapshot only of how students are doing in relation to the learning standards of the curriculum. Results from the FSA are not used for report card purposes.

Assessment by classroom teachers is done on an ongoing basis by using a variety of methods (e.g. presentations, projects, tests, observations, collections of work samples, conferences) in all curricular areas. This information gives teachers and parents a more comprehensive picture of student achievement.

Testing will take place during the period of Jan. 18-Feb 26th. Individual student results will be available to parents/guardians in early March.

For further information about the FSA, please contact Mme Floyd at the school, or visit the Ministry of Education website (www.bced.gov.bc.ca/assessment/fsa/).

Parents: Taking Care of Your Child's and Your Mental Health

This year, more than ever, we all need to be taking care of our health, both physically & mentally. Since you are caring for your children and probably others, this is a reminder to remember to take care of yourselves as well. The following are some things that contribute to positive mental health, as well as good websites with more information:

- * getting enough sleep
- * exercising and getting out in nature
- * eating nutritious food
- * staying socially (virtually!) connected
- * lowering stress



- Mental Health Info Line: 310-6789 (no area code required) always open

- www.keltymentalhealth.ca

- www.kidshelpphone.ca 1 800 668-6868 always open

- Canadian Mental Health Association at: www.cmha.ca

- www.heretohelp.ca

- www.anxietycanada.com

- Wellness Together Canada at: ca.portal.gs

If you have concerns about your child's mental health, please feel free to reach out to their classroom teacher or one of our counsellors:

Ms. Cordoni (gina.cordoni@burnabyschools.ca) or

Ms. Sihota Th/ Fri (nelum.sihota@burnabyschools.ca)

Take care of yourselves!

Calling parents and youth in BC!



COVID-19 and Youth Mental Health

Since COVID-19 was declared a pandemic, many public health responses have been implemented including social distancing measures and school closures.

These measures may have an impact on the mental health of children and teens, and we need to adjust the type and amount of resources being offered our children.

The MyHEARTSMAP team needs your help to measure how much and in what ways the changes in our lives during the pandemic have affected the social and psychological wellness of our children and youth.

Using the MyHEARTSMAP online psychosocial self-screening tool, children, youth, and (or) their parents, can learn about which aspects of their mental health may be of concern and might benefit from support resources, and where to find them in BC.

Learning about our children's needs will **help guide our provincial mental health resource planning.**

Who can participate in this study?

- Children and youth aged 10-17 in BC
- Parents with a child aged 6-17 in BC

What is involved?

- Answer questions about how COVID-19 has affected you
- Complete the MyHEARTSMAP Self-Screening Tool after enrolling, and again in 3 months



If you are interested in learning more and participating, please visit our website at:

[MyHEARTSMAP-Pandemic.bcchr.ca](https://www.myheartsmap-pandemic.bcchr.ca)





BURNABY LAKE

FIELD HOCKEY CLUB



LOOKING FOR AN EXCITING SPRING SPORT OPPORTUNITY?

BLFHC offers junior programs from March-June for young girls and boys, ages 6 and up. No previous experience necessary. Field hockey is a team sport where the emphasis is on skill development, teamwork, and fun. This provides a fantastic opportunity for offseason training in a competitive team environment.

 @BURNABYLAKERS

BURNABYFIELDHOCKEY.COM

BLFHCINFO@GMAIL.COM



BURNABY JUNIOR CHESS CLUB ONLINE LESSONS 2021

WINTER ONLINE CHESS CLUB STARTS

JANUARY TO MARCH
10 sessions



Format: **Zoom**

Students aged 6+ can join chess Coach Curtis of the Burnaby Junior Chess Club and have a blast!



Beginner and experienced players are welcome to join.

TO REGISTER GO TO:

WWW.BURNABYCHESSCLUB.COM

FOR MORE INFORMATION SEND AN EMAIL TO:

INFO@BURNABYCHESSCLUB.COM

TEXT OR CALL: COACH CURTIS 778-836-4268

ONLINE CHESS PROVIDES

- **COACHING**
- **SMALL GROUP SIZE**
- **CRITICAL THINKING SKILLS**
- **LOGIC**
- **FUN**
- **AND MORE!**