

Week 1	Monday 01/06	Tuesday 01/07	Wednesday 01/08	Thursday 01/09	Friday 01/10
Regular		Chicken Nuggets Whole Grain Rice Peas and Carrots Plum Sauce		Chicken Caesar Salad Dinner Bun	
2 nd Choice		Turkey Deli, Cheese, and Tomato Bagel		Grilled Cheese Garden Side Salad Dressing	
Vegetarian		Egg and Cheese Breakfast Burrito Hash Brown Triangles		Grilled Cheese Garden Side Salad Dressing	
Halal Friendly		Halal Chicken Deli, Cheese, and Tomato Bagel		Grilled Cheese Garden Side Salad Dressing	



107 1 0						
Week 2	Monday 01/13	Tuesday 01/14	Wednesday 01/15	Thursday 01/16	Friday 01/17	
Regular		Tuna Sushi Bowl		Kid Cuterie Chicken Nuggets		
2 nd Choice		Beef Meatball Tator Tot Poutine Corn		Fish Burger Tator Tots		
Vegetarian		Egg Sushi Bowl		Veggie Burger Tator Tots		
Halal Friendly		Halal Beef Meatball Tator Tot Poutine Corn		Halal Fish Burger Tator Tots		





Week 3	Monday 01/20	Tuesday 01/21	Wednesday 01/22	Thursday 01/23	Friday 01/24
Regular		Pancakes Apple Blueberry Compote Scrambled Eggs Syrup		Crunchy Chicken Ranch Salad Bun	
2 nd Choice		Chicken Teriyaki Chow Mein Noodles Broccoli		Smiling Shepherd's Pie	
Vegetarian		Pancakes Apple Blueberry Compote Scrambled Eggs Syrup		Crunchy Veggie Chick'n Ranch Salad Bun	
Halal Friendly		Halal Chicken Teriyaki Chow Mein Noodles Broccoli		Halal Crunchy Chicken Ranch Salad Bun	





Week 4	Monday 01/27	Tuesday 01/28	Wednesday 01/29	Thursday 01/30	Friday 01/31
Regular		Spaghetti with Beef Meatballs Tomato Sauce		Chicken Burger Potato Wedges	
2 nd Choice		Chicken Ranch Salad Dinner Bun		Crunchy Chicken Ranch Wrap	
Vegetarian		Spaghetti with Veggie Meatballs Tomato Sauce		Garden Hummus and Veggie Wrap	
Halal Friendly		Spaghetti with Halal Beef Meatballs Tomato Sauce		Halal Garden Hummus and Veggie Wrap	

