





GUIDE TO HIGH SCHOOL

REGISTRATION INFO

Guide to High School is a free, after-school, 8-week program that aims to support Grade 7 students as they transition into high school.

PROGRAM OUTLINE

Week 1 - Welcome

Week 2 - Intro to HS

Week 3 - Health & Wellness

Week 4 - Stress Management

Week 5 - Friendships

Week 6 - Identity & Power

Week 7 - Bully & Advocacy

Week 8 - Celebration

WHERE?

Moscrop Secondary School 4433 Moscrop St, Burnab

WHEN?

Tuesdays 3:30pm -5:00pm April 8, 15, 22, 29, May 6, 13, 20, 27

WHO?

- Grade 7s from local schools
- Current high school volunteers
- Local community volunteers
- YWCA Program Leaders



REGISTER HERE:

https://tinyurl.com/ywca-spring25



For more information go to:

https://ywcavan.org/programs/youth-education



Questions? Contact: youth@ywcavan.org

SCAN TO REGISTER

