

# Connect & Learn

## Online Event for Parents and Caregivers

### Parenting ADHD Children A Neuro-Affirming Approach

Build a deeper understanding of how the ADHD brain works. Explore how some aspects of ADHD can act as a strength in certain situations, and a challenge in others. This event is designed for parents of school-aged children.



Join FamilySmart and Mary Klovance live online for an evening to learn neurodiversity-affirming communication strategies to reduce power struggles and strengthen connection. Parents will leave with tools they can use immediately, greater compassion for their child's nervous system, and a clearer roadmap for supporting their child.

**Mary Klovance** is an award-winning counsellor, author, and founder of The Neurodiversity Family Centre. She has over 14 years of front-line experience as a school counsellor and working with youth facing complex challenges. She is a Registered Clinical Counsellor and ADHD-Certified Clinical Services Provider.

- **DATE:** Wednesday, February 18, 2026
- **TIME:** 6:30 – 8:00pm (Pacific Time)
- **LOCATION:** On Zoom (online)
- **COST:** Free

*With gratitude, FamilySmart would like to acknowledge the generosity of the Ministry of Children and Family Development for sponsoring this event.*



Register online at  
[familysmart.ca/events](https://familysmart.ca/events)



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